

**JOSEPH KELLY MORENO, PH.D.**

Professor, Psychology & Child Development Department  
 California Polytechnic State University  
 San Luis Obispo, CA 93407  
 (805) 756-2805

**EDUCATION**

Ph.D. (June, 1988) Counseling Psychology, University of Utah (APA Accredited)  
 M.S. (June, 1985) Counseling Psychology, University of Utah  
 B.A. (December, 1980) Sociology, University of California, Santa Barbara

**LICENSURE AND CERTIFICATION**

Psychologist, License Number Psy 13000, Board of Psychology, State of California (1992)  
 Psychologist, License Number 4940521-2501, DOPL, State of Utah (2002)  
 Certificate in Psychoanalytic Psychotherapy, Center for Psychoanalytic Psychotherapy, Santa Barbara, CA (1995)

**AFFILIATIONS**

American Psychological Association  
 American Group Psychotherapy Association

**RESEARCH AND CLINICAL INTERESTS**

Mood, Anxiety, and Eating Disorders; Group Psychotherapy; Psychoanalytic Psychotherapy; Forensic Psychology

**EDITORIAL BOARDS**

*Journal for Specialists in Group Work* (1997—2006)

**AWARDS**

*Outstanding Faculty Member* (2006), Division of Student Affairs, Cal Poly, San Luis Obispo.

**TEACHING**

Professor, Department of Psychology & Child Development, Cal Poly State University, San Luis Obispo, CA. Teach undergraduate courses in Abnormal Psychology, Introduction to Counseling & Clinical Psychology, The Helping Relationship, and Psychopathology in Literature and Film. Master of Science Program Training Director. Teach graduate courses in Individual and Group Therapy, Psychopathology, Psychodynamic Psychotherapy, and Clinical Practicum/Fieldwork. Supervise graduate student research. (9/90 – present)

Professor, Department of Behavioral Science, Utah Valley State College, Orem, UT. Taught undergraduate courses in Abnormal Psychology, Introduction to Clinical/Counseling Psychology, Group Counseling, Special Topics, and Practicum. (9/01 – 8/02 and 9/03 – 8/04, while on sabbatical from Cal Poly)

**ASSESSMENT**

Contract Psychologist, California Department of Corrections and Rehabilitation, Board of Parole Hearings, Sacramento, CA. Conduct Mentally Disordered Offender (MDO) and Life Prisoner Evaluations of inmates eligible for parole. Provide expert witness testimony in court hearings and jury trials. Over 2,500 evaluations/30 court appearances to date (9/97 – present)

**COUNSELING and PSYCHOTHERAPY**

Private Practice, San Luis Obispo, CA. Assessment, diagnosis, and treatment of adolescents and adults in individual, group, couples, and family psychotherapy. (7/92 - present)

Primary Therapist, Eating Disorders Program, Cottage Hospital, Santa Barbara, CA. Conducted psychological assessment, and provided individual, group, couples, and family therapy for adolescent and adult inpatients. (11/87 - 9/95)

Postdoctoral Fellow, Camarillo State Hospital, Camarillo, CA. Provided individual therapy, psychological assessment, and treatment/discharge planning for mentally disabled child, adolescent, and adult inpatients. (9/88 - 8/89)

Psychology Intern, Camarillo State Hospital (APA Accredited), Camarillo, CA. Provided individual/group therapy and psychological assessment for mentally and developmentally disabled child, adolescent, and adult inpatients. (9/87 - 8/88)

Psychology Intern, Counseling and Career Services, University of California, Santa Barbara, CA. Conducted psychological assessment and provided individual, group, and couples therapy for students. Supervised practicum students. (9/86 - 8/87)

Clinical Assistant, University of Utah Counseling Center, Salt Lake City. Provided individual, group, and couples therapy for students, staff, and faculty. (6/85 - 8/86)

Clinical Research Assistant, Drug and Alcohol Treatment Unit, VA Medical Center, Salt Lake City, UT. Provided individual and group therapy and conducted research on chemically dependent veterans. (9/82 - 8/85)

Mental Health Worker, Adolescent Treatment Unit, Dominion Psychiatric Treatment Center, Falls Church, VA. Provided group therapy, multifamily therapy, and milieu therapy for inpatient adolescents. (8/81 - 6/82)

### PUBLICATIONS

Moreno, J.K. (2015). *A duty to betray*. Taylorsville, IL: Oak Tree Press/Dark Oak Mysteries.

Moreno, J.K. (2014). On writing. *Northern California Group Psychotherapy Newsletter, Winter, 6*.

Moreno, J.K. (2007). Scapegoating in group psychotherapy. *International Journal of Group Psychotherapy, 57*, 93-105.

Moreno, J.K. (2006). The psychologist as novelist. *Professional Psychology, 37*, 210-214.

Moreno, J.K. (2006). Hallucination. *Moebius, IV*, 61-68.

Wanlass, J., Moreno, J.K., & Thompson, H. (2006). Group therapy for abused and neglected youth: Leadership and child advocacy challenges. *Journal for Specialists in Group Work, 31*, 311-326.

Moreno, J.K., Kramer, L., Scheidegger, C., & Weitzman, L. (2005). Gender issues in group psychotherapy. *Group, 29*, 351-371.

Moreno, J.K. (2005). The group therapist as novelist, screenwriter, and short storyteller. *The Group Psychologist, 15*, 13-14.

Wanlass, J., Moreno, J.K., & Thompson, H. (2005). Group therapy for eating disorders: A retrospective case study. *Journal for Specialists in Group Work, 30*, 47-66.

Moreno, J.K., & Selby, M. (2000). Differences in family dynamics among bulimic, anorexic, obese, & normal women. *Journal of Psychotherapy in Independent Practice, 1*, 75-87.

Moreno, J.K. (1998). Long-term psychodynamic group psychotherapy for eating disorders: A descriptive case report. *Journal for Specialists in Group Work, 23*, 269-284.

Moreno, J.K., & Selby, M. (1998). Psychopathology in sexually abused and non-sexually abused eating disordered women. *Psychotherapy in Private Practice, 17*, 1-10.

Moreno, J.K. (1995). Group psychotherapy research with eating disorders: A summary for clinicians. *Group Circle, Special Annual Meeting Issue, 11*.

Moreno, J.K., Fuhriman, A.J., & Hileman, E. (1995). Significant events in a psychodynamic psychotherapy group for eating disorders. *Group, 19*, 56-62.

Selby, M., & Moreno, J.K. (1995). Personal and familial substance misuse patterns among eating disordered and depressed subjects. *International Journal of the Addictions, 30*, 1169-1176.

Moreno, J.K. (1994). Group treatment for eating disorders. In A. Fuhriman, & G. Burlingame (Eds.), *Handbook of group psychotherapy: An empirical and clinical synthesis*. New York: Wiley.

Moreno, J.K., Fuhriman, A.J., & Selby, M. (1994). Measurement of hostility, anger, and depression in depressed and nondepressed subjects. *Journal of Personality Assessment*, 61, 511-523.

Moreno, J.K., Selby, M., Fuhriman, A.J., & Laver, G. (1994). Hostility in depression. *Psychological Reports*, 75, 1391-1401.

Moreno, J.K. (1994). Food as metaphor in group psychotherapy for eating disorders. *Eating Disorders: The Journal of Treatment and Prevention*, 2, 276-278.

Breaux, C.A., & Moreno, J.K. (1994). Comparing anorexics and bulimics on measures of depression, anxiety, and anger. *Eating Disorders: The Journal of Treatment and Prevention*, 2, 158-167.

### PRESENTATIONS

Cunha, L., Carlisle, A., & Moreno, J.K. (April, 2016). Literary fiction in counselor education. Presented at the annual meeting of the California Association of Marriage and Family Therapy, Burlingame, CA.

Moreno, J.K. (October, 2015). A Duty to Betray: Evolution of a psycho-legal thriller. Presented at the quarterly meeting of the California Writer's Club, Central Coast Chapter, Nipomo, CA.

Moreno, J.K. (September, 2015). The new writer's journey. Presented at the annual meeting of the Central Coast Writer's Conference, San Luis Obispo, CA.

Moreno, J.K. (February, 2015). Group therapists on writing. Symposium chaired at the meeting of the American Group Psychotherapy Association, San Francisco, CA.

Moreno, J.K. (February, 2015). The group therapist as novelist. Paper presented at the meeting of the American Group Psychotherapy Association, San Francisco, CA.

Valverde, S., & Moreno, J.K. (April, 2013). Modern sex doll owners: A descriptive analysis. Paper presented at the meeting of the Center for Scholastic Inquiry, Scottsdale, AZ.

Moreno, J.K. (April, 2012). Hello dolly! Personal, commercial, and professional perspectives on sex doll owners. Symposium chaired at the meeting of the Western Psychological Association, San Francisco, CA.

Valverde, S., & Moreno, J.K. (April, 2012). The modern sex doll: Implications for psychology. Paper presented at the meeting of the Western Psychological Association, San Francisco, CA.

Schewe (Valverde) S., & Moreno, J.K. (August, 2011). Sex dolls and their owners: A review of the literature. Paper presented at the meeting of the American Psychological Association, Washington, DC.

Journel, C., & Moreno, J.K. (April, 2006). Wilderness therapy in groups. Paper presented at the meeting of the Western Psychological Association, Palm Springs, CA.

Moreno, J.K. (August, 2005). Managing scapegoating in group psychotherapy. Paper presented at the meeting of the American Psychological Association, Washington, DC.

Cutter, F., Selby, M., & Moreno, J.K. (August, 2005). Validity data for the Multiple Choice Rorschach. Paper presented at the meeting of the American Psychological Association, Washington, DC.

Moreno, J.K. (February, 2004). Projective identification and scapegoating in group psychotherapy. Paper presented at the meeting of the American Group Psychotherapy Association, New York, NY.

Fowkes, K., & Moreno, J.K. (April, 2002). Factitious disorder by proxy: A literature review. Paper presented at the meeting of the Western Psychological Association, Irvine, CA.

- Moreno, J.K. (March, 2002). The psychologist as novelist. Paper presented at the meeting of the Rocky Mountain Psychological Association, Park City, UT.
- Fowkes, K., & Moreno, J.K. (August, 2001). The relationship between eating disorders, obesity, and self-esteem. Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- Selby, M., Moreno, J., Fiorito, B., Rice, M., & Easton, S. (March, 2001). Graduate student selection procedures and successful program completion. Paper presented at the meeting of the American Counseling Association, San Antonio, TX.
- Moreno, J.K. (August, 2000). Difficult questions in group psychotherapy. Symposium chaired at the meeting of the American Psychological Association, Washington, D.C.
- Moreno, J.K. (August, 2000). Do you masturbate? (And other questions patients ask in group). Paper presented at the meeting of the American Psychological Association, Washington, D.C.
- Moreno, J.K. (August, 2000). Teaching group psychotherapy: A ten year retrospective. Paper presented at the meeting of the American Psychological Association, Washington, D.C.
- Moreno, J.K. (1996, August). Group therapy for eating disorders. Symposium chaired at the meeting of the American Psychological Association, Toronto, Ontario, CAN.
- Moreno, J.K. (1996, August). Group psychotherapy for eating disorders: From theory to practice. In J.K. Moreno (Chair), Group therapy for eating disorders. Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, CAN.
- Selby, M., & Moreno, J.K. (1996, August). Validity of the State-Trait Anger Expression Inventory. Paper presented at the meeting of the American Psychological Association, Toronto, Ontario, CAN.
- Moreno, J.K. (1996, February). The conflict stage of development in group psychotherapy for eating disorders. Paper presented at the meeting of the American Group Psychotherapy Association, San Francisco, CA.
- Aved, K., & Moreno, J.K. (1995, September). Family communication and eating disorders: A quasiexperimental study. Paper presented at the meeting of the Mississippi Psychological Association, Biloxi, MI.
- Aved, K., & Moreno, J.K. (1995, September). Eating disorders and family communication: A review of the literature. Paper presented at the meeting of the Mississippi Psychological Association, Biloxi, MI.
- Moreno, J.K. (1995, August). To love, work...and play! Creative approaches to group psychotherapy. Symposium chaired at the meeting of the American Psychological Association, New York, NY.
- Aved, K., & Moreno, J.K. (1995, August). Family communication patterns in eating disorders. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Torres, M., Selby, M., & Moreno, J.K. (1995, August). Reliability and validity of the Beck Beliefs Questionnaire. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Moreno, J.K., & Smith, J. (1995, April). The use of literature in counselor education. Paper presented at the meeting of the Western Psychological Association, Los Angeles, CA.
- Moreno, J.K., & Smith, J. (1995, April). Critical incidents in the career development of psychology graduate students. Paper presented at the meeting of the Western Psychological Association, Los Angeles, CA.
- Moreno, J.K. (1995, February). Long-term group psychotherapy for eating disorders: A case study. Paper presented at the meeting of the American Group Psychotherapy Association, Atlanta, GA.
- Moreno, J.K. (1994, August). Teaching and training in group psychology and group psychotherapy. Symposium chaired at the meeting of the American Psychological Association, Los Angeles, CA.

- Moreno, J.K. (1994, August). New directions in research on sexual abuse and eating disorders. Symposium chaired at the meeting of the American Psychological Association, Los Angeles, CA.
- Selby, M., & Moreno, J.K. (1994, August). Psychometrics on the MCMI with an eating disorder norm group. Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.
- Moreno, J.K., & Wanlass, J. (1994, August). Teaching group psychotherapy to graduate students via live observation. In J.K. Moreno (Chair), Teaching and training in group psychology and group psychotherapy. Symposium conducted at the meeting of the American Psychological Association, Los Angeles, CA.
- Neal, S., Moreno, J.K., & Laver, G. (1994, August). Psychopathology among sexually abused and non-abused eating disordered women. In J.K. Moreno (Chair), New directions in research on sexual abuse and eating disorders. Symposium conducted at the meeting of the American Psychological Association, Los Angeles, CA.
- Moreno, J.K., & Lewin-Miller, H. (1994, April). Process features of the nascent eating disorders group. Paper presented at the meeting of the Western Psychological Association, Kona, HI.
- Lewin-Miller, H., & Moreno, J.K. (1994, April). Availability and quality of eating disorders psychotherapy. Paper presented at the meeting of the Western Psychological Association, Kona, HI.
- Bettner, K., Moreno, J.K., & Rice, M. (1994, April). The effects of cognitive restructuring in the treatment of marital discord. Paper presented at the meeting of the Western Psychological Association, Kona, HI.
- Moreno, J.K. (1994, February). Group therapy for eating disorders: Clinical implications of empirical research. Paper presented at the meeting of the American Group Psychotherapy Association, Washington, D.C.
- Moreno, J.K. (1993, August). Psychosocial differences in eating disorders: Etiologic, diagnostic, and treatment implications. Symposium chaired at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Barlow, S., Lepkowsky, C., Moreno, J.K., & Laver, G. (1993, August). Personality disorders in eating disorders. In J.K. Moreno (Chair), Psychosocial differences in eating disorders: Etiologic, diagnostic, and treatment implications. Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Neal, S. & Moreno, J.K. (1993, August). Sexual abuse in eating disorders. In J.K. Moreno (Chair), Psychosocial differences in eating disorders: Etiologic, diagnostic, and treatment implications. Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Mclaughlin, C.B., & Moreno, J.K. (1993, August). Mood disorders in eating disorders. In J.K. Moreno (Chair), Psychosocial differences in eating disorders: Etiologic, diagnostic, and treatment implications. Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Selby, M., & Moreno, J. K. (1993, August). Substance abuse in eating disorders. In J.K. Moreno (Chair), Psychosocial differences in eating disorders: Etiologic, diagnostic, and treatment implications. Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Moreno, J.K. (1993, August). Group therapy with eating disorders. Symposium chaired at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Moreno, J.K., & Hileman, E. (1993, August). Concluding comments on a long-term eating disorders group. In J.K. Moreno (Chair), Group therapy with eating disorders: Three case studies. Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Neal, S., Mclaughlin, C.B., & Moreno, J.K. (1993, August). Process observations on a short-term psychodynamic eating disorders group. In J.K. Moreno (Chair), Group therapy with eating disorders: Three case studies. Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada.
- McLaughlin, C., Neal-Lypps, S., & Moreno, J.K. (1993, April). Case study of a psychodynamic short-term outpatient eating disorders group. Paper presented at the meeting of the Western Psychological Association, Phoenix, Arizona.

- Moreno, J.K., Fuhriman, A.J., & Hileman, E. (1993, February). Patient and therapist perceptions of significance in an outpatient eating disorders group. Paper presented at the meeting of the American Group Psychotherapy Association, San Diego, CA.
- Moreno, J.K. (1992, August). Group therapy with special populations. Symposium chaired at the meeting of the American Psychological Association, Wash., D.C.
- Moreno, J.K., & Turner, R.W. (1992, August). Teaching abnormal psychology through modern film. Paper presented at the meeting of the American Psychological Association, Wash., D.C.
- Ramirez-Talley, A., & Moreno, J.K. (1992, April). Pregroup preparation: The pregroup interview. Paper presented at the meeting of the Western Psychological Association, Portland, OR.
- Moreno, J.K., Hileman, E., & Fuhriman, A.J. (1992, February). Significant events in an outpatient eating disorders group. Paper presented at the meeting of the American Group Psychotherapy Association, New York, NY
- Moreno, J.K. (1991, August). Multidimensional assessment and treatment planning for persons with eating disorders. Symposium chaired at the meeting of the American Psychological Association, San Francisco, CA.
- Moreno, J.K., & Benson, M. (1991, April). An applied method of teaching "Psychological Testing" to undergraduate students. Paper presented at the meeting of the Western Psychological Association, Burlingame, CA.
- Moreno, J.K. (1991, April). Cognitive-behavior therapy with angry alcoholics: A manual for therapists. Paper presented at the meeting of the Western Psychological Association, Burlingame, CA.
- Moreno, J.K., & Hileman, E. (1991, February). Outpatient group therapy for persons with eating disorders: A case study. Paper presented at the meeting of the American Group Psychotherapy Association, San Antonio, Texas.
- Moreno, J.K., & Fuhriman, A.J. (1990, August). Reliability and validity on measures of anger, hostility, and depression. Paper presented at the meeting of the American Psychological Association, Boston, MA.
- Moreno, J.K. (1990, April). Inpatient treatment of eating disorders. Symposium chaired at the meeting of the Western Psychological Association, Los Angeles, CA.
- Moreno, J.K. (1990, April). Inpatient group therapy for eating disorders. In J.K. Moreno (Chair), Inpatient treatment of eating disorders. Symposium conducted at the meeting of the Western Psychological Association, Los Angeles, CA.
- Speicher, J.M., Moreno, J.K., & Turner, R.W. (1989, August). Self-efficacy and coping skill differences between alcoholics and social drinkers. Paper presented at the meeting of the American Psychological Association, New Orleans, LA.
- Drescher, S., & Moreno, J.K. (1989, February). A review of instruments for identification, needs assessment, and treatment outcome evaluation used with chronically mentally ill populations. Paper presented at the meeting of the California State Psychological Association, San Francisco, CA.
- Moreno, J.K., Fuhriman, A.J., Brown J., & Allred, K. (1987, August). Hostility in depression. Paper presented at the meeting of the American Psychological Association, New York, NY
- Moreno, J.K., Speicher, J.M., Cosentino, L.G., & White, T.B. (1987, April). Hostility in a sample of depressed alcoholics. Paper presented at the meeting of the Western Psychological Association, Long Beach, CA.
- Moreno, J.K., Speicher, J.M., & Turner, R.W. (1986, April). Anger, depression, and attributional style. Paper presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.
- Moreno, J.K., Speicher, J.M., White, T.B., & Cosentino, L.G. (1986, April). Alcoholic norms for three anger inventories. Paper presented at the meeting of the Rocky Mountain Psychological Association, Denver, CO.
- Moreno, J.K., Turner, R.W., Speicher, J.M., & Winter, L.M. (1985, August). The cognitive-behavioral treatment of anger in alcoholics. Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.

Moreno, J.K., Wehl, C.K., & Turner, R.W. (1984, August). Predictors of success for depressed alcoholics in mood control therapy. Paper presented at the meeting of the American Psychological Association, Toronto, Ontario, Canada.

Turner, R.W., Wehl, C.K., & Moreno, J.K. (1983, August). Long-term outcome for depressed alcoholics in mood control therapy. Paper presented at the meeting of the American Psychological Association, Anaheim, CA.

#### MANUSCRIPTS IN PROGRESS

Moreno, J.K. *Reality testing: A novel*.

Moreno, J.K. The teaching novel.

Moreno, J.K. Teaching group psychotherapy: A 30-year retrospective.

Moreno, J.K. Teach by doing.